



# True To Kids at the library



True To Kids programs are music based, incorporating time tested, experience and research based curriculum for early learning and language development. Classes include encouragement for gross and fine motor development, with a bit of yoga and dance for exercise, relaxation, stretching and gentle muscle strengthening. Classic children's songs, stories and finger plays are used as well as original songs. There is plenty of musical exploration including singing, vocal play, rhyming, rhythms, and repetition to support speech. We work on color, shape, number and letter recognition as well. The program serves the youngest to the oldest in developmentally appropriate ways.

Classes are generally for children 6 months to 4 years of age and are 45 minutes long. A parent or caregiver attends class with each child. The program is beneficial for older children as well, especially children for whom English is a second language. Join us!

**Fridays**

**12:00-12:45pm**

West New York Public Library

425 60th Street

West New York, NJ 07093

**wnypl.org**



**truetokids.com**